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|  | PE with Joe Wicks (Watch on Youtube)  Or  Go Noodle  Or Cosmic Yoga |
| Macintosh HD:private:var:folders:z9:rczjw6dn4kq_vt83r3gdq32h0000gn:T:TemporaryItems:download.jpg | Morning Prayer (see the link on the home learning page). |
|  | Watch the sound of the day video and complete one activity. |
|  | Have a brain break. Wash your hands for 20 seconds, you can even sing Happy Birthday while you wash them.  Have a healthy snack. |
|  | Each week there will be a new topic or number for you to learn about. |
|  | Wash your hands and have some lunch.  You can have some free time now. |
|  | In the afternoon you can choose an activity of your choice. This could be fine motor skills like cutting, arts and crafts, writing, RE or music. |
|  | Have some free time and a healthy snack. |
|  | You can read with someone or listen to an audio book on audible. |



