



**St. Mary of the Angels Catholic Primary School**  
*Following Jesus in all we think, do and say*

Shrewsbury Road, Bayswater, London W2 5PR  
Telephone: 020 7792 1883 Email: [office@stmaryangels.co.uk](mailto:office@stmaryangels.co.uk)  
Website: [www.stmaryangels.co.uk](http://www.stmaryangels.co.uk)  
Headteacher: Mrs Mary Wilson

**Newsletter: 5<sup>th</sup> February 2021**

Dear Parent and Carers,

**CHILDREN'S MENTAL HEALTH WEEK**

This week, we joined thousands of schools around the UK in shining a light on the importance of children and young people's mental health. As you know, this year's theme is **Express Yourself** and we hope the creative activities suggested by class teachers helped the children to find ways to share their feelings, thoughts, or ideas. A huge thank you the staff and children, learning at home and in school, who took part in our first ever '**Dress to Express Day**'. We hope to share some images on the website early next week; if you would like us to include an image of your child in their 'Dress to Express' attire, please email a photo to Ms Murphy at [reception@stmaryangels.co.uk](mailto:reception@stmaryangels.co.uk) no later than *Tuesday 9<sup>th</sup> February*.



As always, please contact the school office if you would like to discuss any concerns you may have about your child's well-being and a member of our office team will pass on your message to the class teacher or senior member of staff.

**SUPPORT FOR PARENTS AND CARERS**

**The Mental Health Support Team** at The Anna Freud Centre are offering a drop-in service to support parents/carers providing information, signposting and discussing basic guidance about managing behaviour and supporting your child's wellbeing and mental health. To learn more about how to access this support, please [click here](#).

**Family Learning at Westminster Adults' Education Service (WAES)** offer an online evening drop-in group on which aims to provide a space for parents to share and off load any difficulties they may be having and to offer professional guidance and support. Sessions take place online on Tuesday evening from 6.30 – 7.30pm on February 9<sup>th</sup>, 16<sup>th</sup>, 23<sup>rd</sup> and March 2<sup>nd</sup>, 9<sup>th</sup>, 16<sup>th</sup>, 23<sup>rd</sup>. All workshops and drop-ins are **FREE** and all levels of English speakers are welcomed. To join, parents/carers should email [familylearning@waes.ac.uk](mailto:familylearning@waes.ac.uk), stating their name, phone number and their children's ages. WAES will then send you a link to a taster workshop. For information on other Family Learning workshops [click here](#).

Information on these support services along with further guidance to support parents and carers can be found in the [Wellbeing](#) Section of the school website.

**SAFER INTERNET DAY: TUESDAY 9<sup>TH</sup> FEBRUARY**

This year's **Safer Internet Day (SID)** explores reliability online. The internet has an amazing range of information and opportunities online and has certainly been invaluable in supporting Home Learning, but how do we separate fact from fiction? Pupils will be watching a special Safer SID next Tuesday. Throughout next week, class teachers will be sharing ideas and resources via SeeSaw, Google Classroom and the Class Pages. For further ideas and guidance on how to help your child stay safe online please click [here](#).



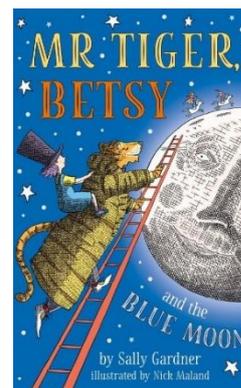
## VIRTUAL SCHOOL LIBRARY

Oak National Academy in partnership with **the National Literacy Trust** have joined together to create a [Virtual School Library](#). Every week a popular children's author or illustrator will provide access to free e-books, exclusive videos and their top three recommended reads. This week's author of the week is **Sally Gardner**. Children can access Sally Gardner's *Mr Tiger, Betsy and the Blue Moon*, illustrated by Nick Maland by [clicking here](#). A new author will be announced each Monday.

You can also join your local library to discover hundreds of free e-books and access online activities for children of all ages. If you and/or your child are not already a member of your local library, you can apply for membership online by visiting

Westminster residents <https://www.westminster.gov.uk/leisure-libraries-and-community/libraries/how-join-library>

Kensington & Chelsea residents <https://www.rbkc.gov.uk/libraries/connect-library-community/join-library>



## COVID-19 TESTING

Testing is the most effective way to control the spread of coronavirus and you can now get tested for coronavirus even if you don't have symptoms. Westminster now offers two types of coronavirus testing:

- for people who are not showing any symptoms (symptom-free testing)
- for people who have symptoms of the virus (a new persistent cough, high temperature or a loss or change in sense of smell or taste).

For location and opening time of local testing sites please click on the links below:

[Westminster](#)   [Kensington & Chelsea](#)   [Brent](#)

In addition to getting tested, the most important thing we can all do to prevent the spread of the virus is to remember the basics:

- Wash your hands more often than usual and for at least 20 seconds
- Wear your face covering in enclosed spaces
- Keep your distance - try to stay at least 2 metres (3 steps) away from anyone you do not live with (or anyone not in your support bubble)

## SYMPTOM-FREE TESTING – SCHOOL STAFF

In line with government guidance, all school staff have been offered the opportunity to self-test for Covid-19. While it is not mandatory for staff to do so, the vast majority of our staff have decided to participate, testing twice weekly using a lateral flow test.

## TERM DATES

The term dates for the academic year 2021/2022 are available to view/download on the school website's home page and by clicking [here](#).

## PRAYER AND WORSHIP

Ten Ten's February newsletter is now available for you to read [here](#) or by visiting the [Prayer and Worship for Home](#) section of the school website where we have added a link to [Sunday Liturgy for Families](#) which you may like to use if you and your family are unable to attend Mass due to the restrictions.

**THANK YOU AND WELL DONE**

A huge thank you to the many parents and carers who have provided feedback re Home Learning - most of which has been very positive. Your words of thanks for the hard work of the staff team are very much appreciated.

Well done to all the staff and Year 1 and 2 parents/carers and children who had their first taste of Google Classroom this week. We hope that any teething problems have been addressed and that the children enjoyed being able to 'see' their class teacher and classmates in real time.

*Dear God*

*As I breathe in and I breathe out,  
Help me to remember you.  
Help me to love you and love others.*

*Amen*

Yours sincerely,

Mrs Wilson

Headteacher

Mrs Hough

Acting Deputy Headteacher