



Welcome to Year 4 Meeting

Friday 17th September 2021

Swifts & Kestrels

Loving Father

Bless our school and fill our hearts
with love, friendship and forgiveness.

Help every child to grow and
achieve the best that they can

When we find things difficult give us the
courage to carry on.

We thank you for all of our friends
and classmates.

Bless our families, our community and
all who help us in our school.

Help us to follow in your footsteps.

Amen

Year 4 Team

Swifts

Class Teacher – Miss Percival

Teaching Assistant- Mrs Murphy

Learning Support Assistant – Mrs Tavernier

Kestrels

Class Teacher – Miss McNab

Teaching Assistant- Mrs Lucchini

Other Staff

PE Coach - Mr. Adams

Italian Teacher – Mrs Gioacchini

Music Teacher – Miss Pluta

Key Stage Leader: Miss Percival

SENCO – Mrs Waine

Year 4 School Day

Start time: 9:00am

**Morning Break: 10.30 –
10.45am**

Lunch: 12.30 – 1.30pm

Home time: 3.25pm

Our Golden Rules

- **We are gentle** – we don't hurt others
- **We are kind and helpful** - we don't hurt anybody's feelings
- **We work hard** - we don't waste our own or others' time
- **We listen well** – we don't interrupt and we follow instructions
- **We are honest** – we don't cover up the truth
- **We look after our own and other people's property** – we don't damage things
- **We keep each other safe.**

Finding out what pupils need

We will be finding out where pupils are in their learning and what individual and groups of pupils need to help close any gaps in their learning in the first few weeks.

We will do this through

- Assessment for learning i.e. discussion, questioning, quizzes, verbal and written feedback, whole class marking etc. rather than formal testing.
- Adapting our curriculum maps and planning to ensure essentials are covered
- Ensuring there are opportunities to practice at home
- Providing additional targeted support wherever possible - we are awaiting further information from the DFE and the Local Authority re how schools can use the government funding for one to one tuition .

Curriculum

English

- Particular focus on grammar, spelling and reading. Focus on skills children may need more practise of.

Maths

- **White Rose Maths** – We have added recap lessons in each area of maths to take into account potential lost learning during lockdown.

Personal Social and Health Education

- We will also be learning about and identifying our feelings and emotions using the '**Zones of Regulation**'.
- Our MindUp lessons are continuing. The children will be learning how their brain works and will be having a number of 2 minute Brain Breaks throughout the school day.

ZONES OF REGULATION!

Blue	Green	Yellow	Red
			
Sick Sad Tired Bored Moving Slowly	Hoppy Calm Good to Go Focused Ready to Learn	Frustrated Worried Silly/Wiggly Anxious Excited	Mad/Angry Mean Yelling/Hitting Out of Control I Need Time and Space

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Zones of Regulation

Curriculum: Religious Education

**Term 1 – Homes & Called
(Confirmation)**

Term 2 – Judaism & Visitors

**Term 3 – Community & Listening and
Sharing**

Term 4 – Self Discipline

Term 5 – Energy & Building Bridges

Term 6 - Islam & Special Places

Please see the termly RE newsletter for more detailed information on each topic, alongside the monthly Ten:Ten parent newsletter.

Multiplication Test

The multiplication tables check is an online test for pupils in Year 4. Pupils are asked to answer 25 questions on times tables from two to 12. They are given six seconds per question, with three seconds rest between each question, so the test should last less than five minutes.

Questions about the six, seven, eight, nine, and 12 times tables are likely to come up most often, as these are the hardest for most children to learn. It's a good idea to focus on these tricky times tables with your child.

First and foremost, the check is about finding out which children are struggling with their times tables so that they can get extra support.

[https://www.youtube.com/watch?v=ct5cDctLV
TI](https://www.youtube.com/watch?v=ct5cDctLVTI)

Our curriculum is designed so that children receive knowledge, concepts and skills across a range of topics.

Our Learning Pathways

Our learning pathways are individual, yet inter-connected, leading students on a journey of discovery!



ADVENTURERS

'MAKE IT HAPPEN!'

- Brave
- Risk-takers
- Resilient
- Prepared

Learning Pathway Skills

Adventurers

Lower Key Stage 2 7 – 9 years



Adventurers

Brave

I can take responsibility, showing confidence in myself and my contribution to the group.

I can challenge others' thinking, not always believing something just because everyone else does.

I can speak in favour of views and beliefs that may differ from my own.

I invite feedback and deal positively with praise, setbacks and criticism.

Risk-Taker

I can anticipate, take and manage risks.

I am prepared to try things out even if they might not work.

I trust my intuition and feelings.

I can question my own as well as others' assumptions.

Resilient

I can respond positively to change, seeking advice and support when needed.

I can discuss issues of concern, seeking solutions to problems where needed.

I seek out challenges or new responsibilities and show flexibility when priorities change.

I can adapt my ideas as circumstances change.

Prepared

I can consider the influence of circumstances, beliefs and feelings on forthcoming decisions and events.

I can propose practical ways forward, breaking these down into small, manageable steps.

I can plan and carry out research, understanding the consequences of decisions.

I can organise my time and resources, making sure I do the most important tasks first.

Our 'Learning Means the World' curriculum is underpinned by a whole school focus on four world issues – The '4 C's':

Our Curriculum



COMMUNICATION



CULTURE



CONFLICT



CONSERVATION

The progression of the 4 C's



COMMUNICATION - Listening, Talking Confidently, Exchanging Ideas, Explaining Clearly



CONFLICT – Sharing, Behaving Responsibly, Keeping the Peace, Stopping Fighting



CULTURE – Friendship, Respect, Understanding, Tolerance



CONSERVATION – Looking After Things, Being Thoughtful, Developing Global Awareness, Thinking Big

Enrichment

We will continue to offer our children enrichment activities throughout the year. This will include trips to the Floating Classroom and exploring our local area.

Excitingly, we will also be taking part in Forest School!



Conservation Enrichment



St. Mary of the Angels is now a Forest School in partnership with Sayers Croft Urban Nature Space at Paddington Recreation Ground.

Over the course of the academic year, we will have six half day visits to the Urban Nature Space to take part in Forest School.

Forest School focuses on child led learning, giving participants ownership over the area during their visits. Children are valued and encouraged, have lots of fun, learn new skills and enjoy a positive experience in the park, engaging with nature as well as increasing their independence and self-esteem, which can transfer into other areas of life.



Conservation Enrichment

Forest School provides a safe environment for children to:-

- Engage with nature
- Learn new skills
- Have fun
- Become more independent
- Learn in the way they find works best
- Be encouraged in a positive learning environment
- Enhance their self-esteem



Swifts	05.11.21	06.12.21	07.02.22	28.03.22	23.05.22	11.07.22	9.30- 11.30am
Kestrels	05.11.21	06.12.21	07.02.22	28.03.22	23.05.22	11.07.22	1-3pm

Physical Education

PE Uniform

- Navy blue school PE shirt
- Navy blue school sweatshirt
- Navy blue school shorts (summer)/tracksuit bottoms (winter)
- Plain black plimsolls/trainers
- Winter/Summer hat.

School uniform policy allows pupils to wear stud earrings – no other jewellery is allowed.

Swifts & Kestrels have PE lessons
on
Tuesday & Thursday

RELATIONSHIPS AND HEALTH EDUCATION

Relationships Education and Health Education is statutory in all primary schools in England.

The Life to the Full programme is approved by our diocese and was approved by the Governing Body for use in our school following consultation with parents and staff earlier this year.

The Life to the Full units will be taught in the Spring Term and you will be informed in advance of the topics being covered and how to find out more information via the parents online portal which you can access via the following link:

<https://www.tentenresources.co.uk/parent-portal/>

Username: st-mary-angel-w2

Password: palace-gardens

Module One: Created and Loved by God

explores the individual. Rooted in the teaching that we are made in the image and likeness of God, it helps children to develop an understanding of the importance of valuing themselves as the basis for personal relationships.



Early Years Foundation Stage:

- Our uniqueness in real terms
- Celebrating differences, talents and abilities
- Looking after and using our bodies
- The necessity of when and how to say sorry
- Jesus' forgiveness and growing up as God's plan for us



Lower Key Stage Two:

- Understanding differences
- Respecting our bodies
- Puberty and changing bodies
- Strategies to support emotional wellbeing including practicing thankfulness
- The development of pupils' understanding of life before birth



Key Stage One:

- We are uniquely made by a loving God
- We have differences and similarities
- Key information about staying physically healthy
- Understanding feelings and emotions, including strong feelings such as anger
- The cycle of life from birth to old age



Upper Key Stage Two:

- Appreciation of physical and emotional differences
- A more complex understanding of physical changes in girls' and boys' bodies
- Body image
- Strong emotional feelings
- The impact of the internet and social media on emotional well-being
- A more nuanced and scientific understanding of life in the womb and how babies are made
- Menstruation



Religious UNDERSTANDING



Story Sessions:

Each learning stage focuses on a different Gospel story, which is repeated in various ways over a week, giving rise to times of discussion, imaginative reflection and creative response, for example, in Key Stage One children will hear and reflect on the story of Jesus telling the little children to come to Him and through imaginative reflection will put themselves into the story to experience Jesus' call personally.

In Upper Key Stage Two, the story is that of Jesus calming the storm, and is used to reflect on how whatever might come their way through puberty and beyond, Jesus is with them and will help them.

Module Two: Created to Love Others

explores the individual's relationships with others. Building on the understanding that we have been created out of love and for love, this unit explores how we take this calling into our family, friendships and relationships, and teaches strategies for developing healthy relationships.



Early Years Foundation Stage:

Unit 2: Personal Relationships

- Different family/friend relationships
- Features of positive/negative behaviour in relationships
- The importance of saying sorry and forgiveness within relationships

Unit 3: Keeping Safe

- Practical ways to stay safe inside and out
- Staying safe around medicines
- People who help us in emergencies



Lower Key Stage Two:

Unit 2: Personal Relationships

- Different family structures
- Activities and strategies for developing healthy relationships with family and friends
- Techniques for managing thoughts, feelings and actions

Unit 3: Keeping Safe

- Online safety
- Teaching on bullying and abuse
- The effects of drugs, alcohol and tobacco
- The crucial role of First Aid in emergency situations



Religious UNDERSTANDING



At the start of each learning stage, we begin with a series of story sessions based on a key Gospel story which provides the religious foundation for the teaching that will follow. For example, through an imaginative retelling of the Prodigal Son, children deepen their understanding of the concept of sin and the importance of forgiveness in relationships.

Key Stage One:

Unit 2: Personal Relationships

- 'Special people' in their lives who they love and can trust
- Coping with various social situations and dilemmas
- The importance of saying sorry and forgiveness within relationship

Unit 3: Keeping Safe

- The risks of being online
- The difference between good and bad secrets
- Teaching on physical boundaries
- The effects of harmful substances
- Some basic First Aid



Upper Key Stage Two:

Unit 2: Personal Relationships

- Strategies for more complex experiences of relationships and conflict
- How to identify and respond to spoken and unspoken pressure
- The concept of consent
- Further teaching on how our thoughts and feelings impact on how we act

Unit 3: Keeping Safe

- Risks of sharing and chatting online
- A more complex understanding of different forms of abuse
- How drugs, alcohol and tobacco can negatively affect people's lifestyles
- Essential First Aid such as DR ABC and the recovery position



How can you help?

Talk to your child about how they are feeling.

Provide your child with as much information about their new routine and school day as you can.

Reassure your child.

Re-establish a routine to help ease into school life.

Don't put pressure on yourself.

Think ahead. Seek support if you need it.

Home School Communication

To contact the class teacher:

- Telephone the school and leave a message
- Email Mrs Murphy (Receptionist/Home School Liaison) at reception@stmaryangels.co.uk

To contact Mrs Wilson (Headteacher), Mrs Hough (Acting Deputy Headteacher) or Mrs Waine (SENCO)

- Telephone the school office and ask to speak to Ms Chadwick (Senior School Administrator)
- Email Ms Chadwick at office@stmaryangels.co.uk

It would be helpful if you can give as much information as you feel comfortable with and the class teacher/senior member of staff will call you back as soon as possible.

Home Learning

- Children will be expected to complete home reading each night on BugClub, as well as with physical school books & library books given.
- Your child has access to SumDog at home to practise their maths skills and access to a range of educational programs via MyUSO .

Your child's log in details for MyUSO and SumDog are the same as for last year. Bug Club logins will be stuck in your child's reading record.

Spelling Homework – Given out Wednesday – Tested on Wednesday

Times Tables Test – Every Friday

Homework – Given every Friday.

Reading Books – Given every Monday.

School Lunches

Week beginning 13th September

Hot lunch in class.

Week beginning 21st September

Children will be eating their school lunches in the hall:

- Lunch menus are available on the website (2 week cycle)

School Lunches

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Pasta Tomato Sauce Mixed Salad	Chicken Curry Green Beans Naan Bread	Pork Sausages Mashed Potato Baked Beans Peas Gravy	Beef Lasagne Garlic Bread Mixed Salad	Oven Bake Breaded Fish Peas Baked Beans
Vegetarian Dish	Vegetable Omelette	Chickpea Curry with Spinach	Quorn Sausages Mashed Potato Baked Beans Peas	Jacket Potatoes (Tuna, Cheese or Baked Beans)	Vegetable Spring rolls
Starchy Dish	Included in Main Course	Basmati Rice or 50/50 Rice	Included in Main Course	Included in Main Course	Chips or Steamed Rice or 50/50 Rice
Vegetable and Salad	Plain Pasta Cucumber Tomato Grated Carrot Mixed Salad Sweetcorn	Plain Pasta Cucumber Tomato Grated Cheese Mixed Salad Sweetcorn	Plain Pasta Cucumber Tomato Grated Cheese Mixed Salad Sweetcorn	Plain Pasta Cucumber Tomato Grated Cheese Mixed Salad Sweetcorn	Plain Pasta Cucumber Tomato Grated Cheese Mixed Salad Sweetcorn
Dessert	Banana Sponge cake	Yoghurt Fresh Fruit	Potted Jelly Fresh Fruit	Biscuit Fresh Fruit	Artic Roll Fresh Fruit
Drink	Milk and Water	Water	Milk and Water	Milk and Water	Water