

Life to the Full Spring Term 2022 Nursery (Year A & B)

Our seven week programme of **Relationships & Health Education** starts the week beginning Monday 17th January. Below you will find a list of the units from the **Life to the Full** programme we will be covering and a summary of what your child will learn in each unit.

You can find more detailed information of each unit including associated prayers and suggested home activities by visiting the online Parent Portal which you can access by clicking [here](#) or going to **www.tentenresources.co.uk/parentportal**

Username: st-mary-angel-w2

Password: palace-gardens

Role Model

- We are part of God's family
- Saying sorry is important and can mend friendships
- Jesus cared for others and had expectations of them and how they should act
- We should love other people in the same way God loves us

Who's Who?

- To identify 'special people' (their parents, carers, friends, parish priest) and what makes them special
- The importance of nuclear and wider family
- The importance of being close to and trusting special people and telling them if something is troubling them

You've Got a Friend in Me

- How their behaviour affects other people, and that there is appropriate and inappropriate behaviour
- The characteristics of positive and negative relationships
- Different types of teasing and that all bullying is wrong and unacceptable
- To recognise when they have been unkind and say sorry
- To recognise when people are being unkind to them and others and how to respond
- To know that when we are unkind to others, we hurt God also and should say sorry to him as well
- To know that we should forgive as Jesus forgives

Forever Friends

- To recognise when they have been unkind and say sorry
- To recognise when people are being unkind to them and how to respond
- To know that when we are unkind, we hurt God and should say
- To know that we should forgive as Jesus forgives

Safe Inside and Out

- About safe and unsafe situations indoors and outdoors, including online.
- That they can ask for help from their special people.

My Body, My Rules

- To know they are entitled to bodily privacy
- That they can and should be open with 'special people' they trust if anything troubles them
- That there are different people we can trust for help, especially those closest to us who care for us, including our teachers and our parish priest

Feeling Poorly

- To know they are entitled to bodily privacy
- That they can and should be open with 'special people' they trust if anything troubles them
- That there are different people we can trust for help, especially those closest to us who care for us, including our teachers and our parish priest

People Who Help Us

- There are lots of jobs designed to help us
- Paramedics help us in a medical emergency
- First Aid can be used in non-emergency situations, as well as whilst waiting for an ambulance

God is Love

- That God is love: Father, Son and Holy Spirit
- That being made in His image means being called to be loved and to love others

Loving God, Loving Others

- They will learn what a community is and that God calls us to live in community with one another
- A scripture illustrating the importance of living in community as a consequence of this
- Jesus' teaching on 'who is my neighbour?'

Me, You, Us

- That they belong to various communities such as home, school, parish, the wider local community, nation and global community
- That they should help at home with practical tasks such as keeping their room tidy, helping in the kitchen etc
- That we have a duty of care for others and for the world we live in (charity work, recycling etc.)
- About what harms and what improves the world in which we live